

THE SASKATCHEWAN BRAZILIAN JIU-JITSU FEDERATION INC.

Club Manual & Guidelines

The following document is provided to the owner / operators of current Club Members of the Saskatchewan Brazilian Jiu-Jitsu Federation.

In this document the acronym; BJJ will be used for Brazilian Jiu Jitsu. And ***SBJJF*** will be used for the legal name of the organization: ***The Saskatchewan Brazilian Jiu-Jitsu Federation.***

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The Saskatchewan Brazilian Jiu Jitsu Federation Inc.

INTRODUCTION

Congratulations on your Club Membership to the Saskatchewan Brazilian Jiu-Jitsu Federation. This booklet will be your guide to membership guidelines and requirements. Please read and understand the entire booklet, as the owner of each member club is accountable for all requirements on behalf of the club.

MISSION

The Saskatchewan Brazilian Jiu-Jitsu Federation (SBJJF) was created so that the sport of Brazilian Jiu Jitsu will be recognized and grow in the province of Saskatchewan.

Our main goals are to organize and regulate the sport on a Provincial level, in cooperation with the **IBJJF (International Brazilian Jiu Jitsu Federation)** International level; the Saskatchewan Brazilian Jiu-Jitsu Federation has incorporated the official competition rules of Brazilian Jiu-Jitsu.

The SBJJF is also actively involved in promoting and managing high quality tournaments that are crucial for the technical evolution of the sport and since Brazilian Jiu-Jitsu is constantly evolving and becoming more popular around the globe, we're creating more stabilization in its growth.

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DEFINITION

The following terms are used throughout and are defined below. Please read and understand these definitions as they describe the intent and limitations of each term as they apply to the Saskatchewan Brazilian Jiu-Jitsu Federation (SBJJF).

Brazilian Jiu Jitsu (BJJ)

BJJ promotes the concept that a smaller, weaker person can successfully defend against a bigger, stronger assailant by using proper technique, leverage, and most notably, taking the fight to the ground, and then applying joint-locks and chokeholds to defeat the opponent.

Member Club

A Brazilian Jiu Jitsu gym that has successfully completed all applications provided by the SBJJF also has minimal of one coach and any number of individual members.

Coach/ Instructor

A teacher who develops the skills of their members during structured classes and approved competitions.

Professor

A qualified teacher that holds the rank of Black Belt in Brazilian Jiu Jitsu, with registered documentation.

Competitive associate member

An athlete who participates in the art of Brazilian Jiu Jitsu and may take part in approved competitions to further his/her abilities.

Recreational associate member

A individual that participates in the art of Brazilian Jiu Jitsu, strictly for the personal goals of fitness ,skill development and self defense, **not competition**.

Official

Qualified or certified individual who administers the rules and regulations of the SBJJF.

Event Coordinator

A member club owner organizes an approved competition for the benefit of athletes wanting to gain competitive experience in a safe event.

Tournament Style Competition

An approved competition in which more than two athletes can enter and compete through a series of single bout victories towards a final match to determine a winner.

Event Style Competition

Approved competition in which single bouts are pre-arranged between two athletes similar in rank, weight and age.

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CLUB MEMBERSHIP

A Brazilian Jiu Jitsu school is a legally registered non-profit or for profit with named owner(s) that involves a group of students that follow a development program of Brazilian Jiu Jitsu under qualified instructors/ Coaches. The Program may be a component of BJJ (Gi or no-gi), self defense or fitness curriculum's.

Brazilian Jiu Jitsu schools wishing to become Club Members must first have this in place.

1. **Training Facility** – the training facility must be a safe environment with adequate space for BJJ Instruction.
2. **Equipment** – All equipment must be clean and in good working order.
3. **Medical Kit** – All schools must have a full stocked first aid kit
4. BJJ schools applying for SBJJF Membership must complete the registration form and paid their annual fee for the current membership. The Membership starts from the time of payment until December 31st of the membership year.

SBJJ membership schools are to complete the following:

1. **Certification** – All coaches /instructors are required to submit a photo copy of their certification to teach Brazilian Jiu Jitsu, signed only by a professor of Brazilian Jiu Jitsu. In addition, The Head coach or Instructor of each school must complete a NCCP coaches course (**Multi-sport part A**). Course information will be posted on the website.

2. **First Aid/ CPR** – All coaches / instructors and officials are required to know and be able to administer first aid and CPR.

Note: ALL New schools will be given 6 months to complete the above requirements.

INDIVIDUAL MEMBERSHIP

Competitive Associate Member. A registered SBJJF member that is permitted to compete in certified BJJ events.

Recreational Associate Member. A registered SBJJF member that actively trains in BJJ for fitness and health.

Coach/ Instructor. A registered SBJJF member that teaches at a registered SBJJF school. Are also a registered coach/ instructor with the SJJF.

Official. A registered SBJJF member that trains in a registered SJJF school, permitted to compete in certified BJJ events. A qualified or certified individual who administers the rules and regulations of the SBJJF during competition matches

Professor. A registered SBJJF member that trains and teaches at a registered SBJJF school. Holds the rank of Black Belt, and is qualified to both coach & officiate at events.

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INDIVIDUAL MEMBERSHIP FEES

Competitive Associate Member - \$25.00

Recreational Associate Member - \$25.00

All Junior Associate Members - \$20.00 (competitive & recreational)

Coach/ Instructor - \$25.00 (includes coaches pass for events)

MEMBERSHIP REGULATIONS

The following are the regulations of the SBJJF as they relate to membership in addition to those listed above.

Competitive Associate Members

A. All Training and aggressive rolling must be under the supervision of a SBJJF certified coach/ Instructor, when being done in a SBJJF member school. Any training or competing done outside of a SBJJF or affiliate Sanctioned event is not covered by the SBJJF insurance Policy.

B. Membership entitles you to compete in all SBJJF Provincial events. You will be given a members card that will be required to compete at all SBJJF events.

Recreational Associate Members

A. All Training and aggressive rolling must be under the supervision of a SBJJF certified coach/ Instructor, when being done in a SBJJF member school. Any training or competing done outside of a SBJJF or affiliate Sanctioned event is not covered by the SBJJF insurance Policy.

Competition

All BJJ Competitions or events using BJJ rules and or point system must be approved by the SBJJF.

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HEALTH & SAFETY

It is the responsibility of all members of the SBJJF to be familiar with the Rules and Regulations of Brazilian Jiu Jitsu and engage within these rules and regulations. This requirement is the first step in fostering an environment of safety for all participants.

The following are specific areas the owner/operator of a SBJJF registered club are required to fulfill as part of their commitment to a safety focused club.

1. First Aid Kit

Every SBJJF member club is required to have a stocked medical kit.

2. Emergency Action Plan (EAP)

Emergency situations can arise at any time during training or athletic events. Expedient action must be taken in order to provide the best possible care to participants in emergency or life-threatening situations. An EAP simply acts to prevent injuries and provide emergency first aid.

SBJJF member clubs have a duty to develop and implement an E.A.P. to provide appropriate standards of safety for their participants.

EAP Requirements

- Have a fully stocked **First Aid Kit** visible to all instructors/coaches
- Have an **Emergency List** posted visibly by the phone. Include: list of emergency phone numbers, address and directions of club, and other relevant information
- Ensure that instructors/coaches are certified in **Emergency First aid**.
- Keep all incidents recorded in your Club Incident binder

Responsible for any incidents:

Charge Person – **Responsible person who activates EAP and takes leadership**

Call Person – **Person who phones/contacts emergency persons (eg. ambulance)**

Control Person - **Person who controls the crowd or by-standers (eg. Students)**

This plan is easy to set up. Simply brief your instructors/coaches/assistant instructors/office staff of the EAP. For each class or training time assign three persons to carry out these roles in case of an emergency.